

NI-HR: Needs Improvement-Health Risk

DISTRICT REPORTSummary

The District Report - Summary shows the percentage of boys and girls that achieve Healthy Fitness Zone by component.

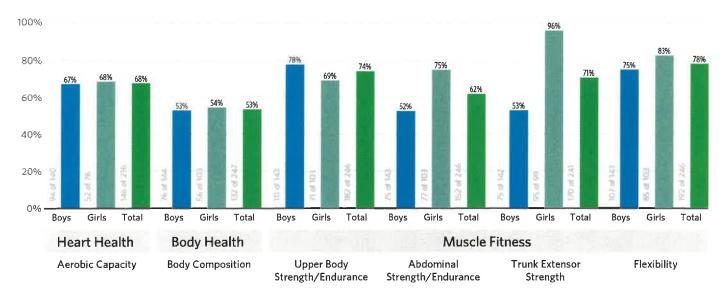
O'DONNELL IND SCHOOL DISTRICT

5/24/2022

Grade 3-12 | Other | Female, Male

NI: Needs Improvement

✓ STUDENTS IN HEALTHY FITNESS ZONE (HFZ)



A STUDENTS IN NEEDS IMPROVEMENT ZONE (NI)

VL: Very Lean

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	Heart Health	Body Health	Muscle Fitness				
	Aerobic Capacity	Body Composition	Upper Body Strength/Endurance	Abdominal Strength/Endurance	Trunk Extensor Strength	Flexibility	
Boys	33% (46 of 140) NI-HR: 14% NI: 19%	47% (68 of 144) NI-HR: 22% NI: 25% VL: 1%	22% (32 of 143)	48% (68 of 143)	47% (67 of 142)	25% (36 of 143)	
Girls	32% (24 of 76) NI-HR: 13% NI: 18%	46% (47 of 103) NI-HR: 14% NI: 29% VL: 3%	31% (32 of 103)	25% (26 of 103)	4% (4 of 99)	17% (18 of 103)	
Total	32% (70 of 215) NI-HR: 13% NI: 19%	47% (115 of 247) NI-HR: 18% NI: 27% VL: 2%	26% (64 of 246)	38% (94 of 246)	29% (71 of 241)	22% (54 of 246)	

For more information please visit cdc.gov/healthyweight